

Member Video Access Links

The logo for the Healthcare Management Administrators (HMA) is displayed in a large, bold, white sans-serif font. The letters 'HMA' are stacked vertically, with 'H' on top, 'M' in the middle, and 'A' on the bottom.

Video

Link

Make the Most of Your Benefits

| | |
|--------------------|---|
| Video Player Link: | https://vimeo.com/463534581/fee7ee7d92 |
| Download Link: | https://vimeo.com/user123855639/download/463534581/f8dba75ed4 |

Portal and App

| | |
|--------------------|---|
| Video Player Link: | https://vimeo.com/463570302/6985fd507f |
| Download Link: | https://vimeo.com/user123855639/download/463570302/45b2de70eb |

Prevention and Wellness

| | |
|--------------------|---|
| Video Player Link: | https://vimeo.com/463540683/4d169b14f5 |
| Download Link: | https://vimeo.com/user123855639/download/463540683/a0ca8c5bbf |

Please use these links on your HR teams to share or embed these videos in your own materials and tools.
Please do not forward this sheet to your plan members.